

Bertie's

× The Gelato Kitchen

Bundles

Smoothie & 2 Pouri Supplements	£16	Dosa & Smoothie	£16
Dosa & Coffee	£12	Crêpe & Gelato	£15

Smoothies (14oz)

Strawberry Probiotic & Collagen	£9	Blue Spirulina & Ashwagandha	£9
Liquid probiotic & flax seeds, coconut milk, banana, vanilla bean & raw honey		100% natural photosynthetic assistant protein, blueberries, banana & oat milk	
Sea Moss Health Booster	£9	Maca Bomb & Psyllium Husk Fiber	£9
Organic sea moss gel, spinach, avocado, banana, apple, lime & coconut milk		Raw almond milk, almond butter, maca powder, banana, dates & psyllium husk	

Add to Your Smoothie

Pouri Collagen & Whey Protein	£5	Pouri Plant Protein Booster	£5
Pouri Pure Collagen	£5	Pouri Creatine	£5

Tonics

Feel Good Green	£8	Anshu's Turmeric & Ginger	£8
Spinach, ginger, kale, apple & lime		Ginger & turmeric root, orange, lime juice & Himalayan black salt	

Dosas - Breakfast & Lunch

Crushed Avocado & Eggs	£9	Vegan Avocado & Sambal	£9
Chilli flakes, lemon juice, cumin & E.V. olive oil		Rocket, E.V. olive oil & lemon juice	
Parma Ham, Rocket & Mozzarella	£9	Add	
E.V. olive oil, parmesan cheese & black pepper		Parma Ham	£4
Sriracha Chicken	£9	Egg	£2
Sriracha emulsion & preserved lemon		Avocado	£3
Scrambled Egg Sambal & Cheese	£9	Autumn Truffle	Market Price
Gruyere cheese			

Crêpes

Banana & Salted Caramel	£11	Sorrento Lemon & Sugar	£11
Homemade salted caramel & Malden sea salt		Freshly squeezed Sorrento lemon juice & caramelised sugar	
Chocolate & Hazelnut Nutella	£11	Add	
Igp Italian gianduja		Banana	£2
Strawberry & Maple	£11	Strawberries	£2.50
Golden grade A organic maple syrup & New Forest strawberries		Chocolate - Milk or Dark	£2.60

Gelato (75ml) *The Gelato Kitchen*

Madagascar Vanilla	£7	New Forest's English Strawberry	£7
Sava region & bourbon		Strawberry juice & crushed strawberries	
Piemonte Hazelnut	£7	Coconut & Kaffir Lime	£7
Slightly roasted & IGP		Organic coconut water & kaffir lime juice	
Bronte Pistachio	£7	Alfonso Mango	£7
Sicily's Mount Etna		Alfonso mango puree & lime zest	
Tiramisu	£7		
Castelli mascarpone & hand roasted 100% arabica			

Coffee

Espresso	£3
Cortado	£3
Latte	£4
Americano	£4
Macchiato	£3
Cappuccino	£4
Flat White	£4
Mocha	£4
Extra Shot	£1
Homemade Syrups	£2
Vanilla, caramel or cinnamon	

Juice

Freshly Pressed Orange Juice	£7
------------------------------	----

Water (300ml)

Still or Sparkling	£4
--------------------	----

Tea

Assam Breakfast	£3
Darjeeling 2nd Flush	£3
Earl Grey	£3
Jasmine Silver Needle	£3

Hot Chocolate

Original 70% Dark Chocolate	£6
Nutella Hot Chocolate	£6
Orange Hot Chocolate	£6

Add

Whipped Cream	£2
Marshmallows	£2

Seasonal Special

Homemade Mulled Wine	£9
Delicious blend of ginger, star anise, cinnamon, nutmeg, cardamom, pears & freshly squeezed orange juice	

@bertiesldn | @gelato_kitchen

Please inform us of any allergies and / or dietary requirements. All prices are inclusive of VAT.